

DIRECTORY



DIRECTORY OF SERVICES

*For Children in
the Limestone Coast*



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FOREWORD

The Directory of Services for Children in the Limestone Coast aims to provide professionals working in the Limestone Coast area with a guide to local and visiting services for children. This is an exciting primary health care initiative designed to enrich the community within which professionals work to support families and children with the aim to improve access to services.

The Directory of Services for Children in the Limestone Coast is the result of an interagency working party, with thanks to staff from South East Regional Community Health Service (SERCHS), Department of Education and Children's Services (DECS), Disability SA, Inclusive Directions and Mount Gambier & Districts Health Service for input to the compilation of information.

The Directory of Services for Children in the Limestone Coast will be distributed in hard copy, CD format and is also available as a pdf document.

The Directory of Services for Children in the Limestone Coast will be updated every two years, with data being collected over the first half of the year and the updated edition available for distribution in the second half of the year. The second edition will be prepared in 2009.

Funding for the preparation and distribution of the Directory of Services for Children in the Limestone Coast has been provided by Country Health SA.

November 2007



Government of South Australia
Country Health SA

EDUCATION

1. DEPARTMENT OF EDUCATION AND CHILDREN'S SERVICES (DECS)



Government of South Australia
Department of Education and
Children's Services

LIMESTONE COAST DISTRICT OFFICE

MOUNT GAMBIER

64 Commercial Street West
Mount Gambier SA 5290
Telephone: 87245300
Fax: 87257575

NARACOORTE

44 Robertson Street
Naracoorte SA 5271
Telephone: 87623099
Fax: 87623459

Website: www.decs.sa.gov.au/limestonecoast

STUDENT SUPPORT & DISABILITY SERVICES

The Student Support and Disability Team encompasses the following services:

- **Disability Services:** Disability Coordinators work with staff, parents/caregivers and personnel from other agencies and services to assist sites in the management of children and students with additional needs and identified disabilities.
- **Early Childhood Psychology:** Early Childhood Psychologists provide a psychology service to all Kindergartens.
- **Guidance:** Guidance Officers provide an educational psychology service to all DECS sites.
- **Hearing Impairment Services:** Hearing Impairment Coordinators provide a service to children who are Deaf or Hearing Impaired, their families and educators, from the time of diagnosis until the completion of schooling. The type of support provided varies depending on the degree of hearing loss and the age of the child.
- **Speech Pathology:** Speech Pathologists support sites to meet the needs of children and students who have communication difficulties where those difficulties impact on the learners access, participation, attainment and/or retention in the curriculum.

The team takes a multi-disciplinary approach to supporting sites and families in identifying the educational and access needs of children with additional needs. We support education staff with the development of methodologies and individualised programs to ensure these children are fully engaged in learning to the best of their potential.

STUDENT INCLUSION AND WELLBEING SERVICES

The Student Inclusion and Wellbeing Services Team encompasses the following services:

- Student Inclusion and Wellbeing Manager
- Interagency Student Behaviour Management
- Social Work
- Student Attendance
- Aboriginal Inclusion Officer

Providing an interagency service for referred children with severe social, emotional and behavioural needs. Conducting professional development sessions on behaviour management and behaviour change processes for DECS staff, parents and supporting agencies with a focus on social inclusion and social emotional wellbeing.

EARLY LEARNING RESOURCE PROGRAMS

The Department of Education and Children's Services runs an Early Learning Resource Program that is available for children from birth to four years of age who: Have limited or no access to resources and or other children's services, have additional needs that may arise from developmental delay or disability, have recently arrived in Australia and speak a language other than English, have other cultural support needs and who experience isolation. This service provides materials, toys and advice to help parents assist children with special learning needs. The Early Learning Program helps: Children learn new skills, parents see their children gain confidence, child development by detecting need for early referral to specialist services and/or support programs, and, families can be easily linked with other services.

FAMILY DAY CARE

Family day care is a network of caregivers who provide care and developmental activities in their own homes for other people's children. Family day care schemes support and administer a network of carers and receive an operational subsidy from the government. The scheme is responsible for the effective operation of all components of family day care, including recruiting, training and supporting carers, monitoring care provision and providing advice, support and information for parents. They also assist parents to select an appropriate carer for their child.

Family day care is aimed primarily at children from birth to five years but can assist primary school children and may assist older children in special or emergency situations.

DECS SCHOOLS

SCHOOL	PHONE	FAX	SCHOOL ADDRESS
Allendale East Area	8738 7218	8738 7321	Allendale East 5291
Beachport Primary	8735 8124	8735 8228	C/- PO, Beachport 5280
Bordertown High	8752 1455	8752 1091	South Terrace, Bordertown 5268
Bordertown Primary	8752 1888	8752 1192	South Terrace, Bordertown 5268
Compton Primary	8725 1723	8725 0110	PO Box 430, Mt Gambier 5290
Frances Primary	8765 1034	8765 1004	PO Box 61, Frances 5262
Glenburnie Primary	8725 3695	8725 0731	PO Box 2305, Mount Gambier 5290
Glencoe Primary	8739 4309	8739 4077	C/- Post Office, Glencoe 5291
Gordon Education Centre (Special School)	8723 1043	8723 1662	PO Box 2488, Mt Gambier 5290
Grant High	8726 3100	8725 0173	Hosking Ave, Mt Gambier 5290
Kalangadoo Primary	8739 3080	8739 3050	C/- PO, Kalangadoo 5277
Kangaroo Inn Area	8734 3046	8734 3134	PMB 24, Millicent 5280
Keith Area	8755 1177	8755 1618	Tolmer Tce, Keith 5267
Kingston Comm Area	8767 2677	8767 2247	East Tce, Kingston SE 5275
Kongorong Primary	8738 9231	8738 9217	PO Box 9494, Mt Gambier West 5291
Lucindale Area	8766 2084	8766 2058	PO Box 147, Lucindale 5272

SCHOOL	PHONE	FAX	SCHOOL ADDRESS
McDonald Park Junior Prim	8724 9811	8725 0254	57 North Tce, Mt Gambier 5290
McDonald Park Primary	8724 9811	8725 0254	57 North Tce, Mt Gambier 5290
Melaleuca Park K-7	8725 1404	8725 0297	Boandik Tce, Mt Gambier 5290
Mil Lel Primary	8725 5883	8725 0802	PO Box 8124, Mt Gambier East 5291
Millicent High	8733 2400	8733 2166	Mt. Burr Rd, Millicent 5280
Millicent North Primary	8733 2555	8733 2333	Second St, Millicent 5280
Moorak Primary	8726 6261	8726 6225	PO Box 961, Mt Gambier 5290
Mt. Burr Primary	8734 8387	8734 8147	Post Office, Mount Burr 5279
Mt Gambier High	8725 6244	8723 0441	Brownes Rd, Mt Gambier 5290
Mt Gambier Nth R-7	8725 2824	8725 0029	Heath St, Mt Gambier 5290
Mulga Street Primary	8725 9955	8725 0080	Mulga St, Mt Gambier 5290
Mundulla Primary	8753 4064	8753 4191	Mundulla 5270
Nangwarry Primary	8739 7241	8739 7292	Whitford Cres, Nangwarry 5277
Naracoorte High	8762 1333	8762 3452	PO Box 771, Naracoorte 5271
Naracoorte Primary	8762 2277	8762 1677	PO Box 534, Naracoorte 5271
Naracoorte South Prim	8762 2977	8762 1681	PO Box 746, Naracoorte 5271
Newbery Park Primary	8733 2864	8733 2377	Bridges St, Millicent 5280
Padthaway Primary	8765 5028	8765 5109	Post Office, Padthaway 5271
Penola High	8737 2382	8737 2842	43 Cameron St, Penola 5277
Penola Primary	8737 2300	8737 2877	PO Box 125, Penola 5277
Reidy Park Primary	8725 3381	8725 0576	O'Halloran Tce, Mt Gambier 5290
Rendelsham Primary	8735 4236	8735 4296	Nilsson St, Rendelsham 5280
Robe Primary	8768 2168	8768 2474	PO Box 146, Robe 5276
Salt Creek Primary	8575 7042	8575 7026	PMB 62, Meningie 5264
Suttontown Primary	8725 4047	8725 0081	PO Box 9110, Mt Gambier Wt 5290
Tantanoola Primary	8734 4180	8734 4001	Randall St, Tantanoola 5280
Tarpeena Primary	8739 6283	8739 6322	Edward St, Tarpeena 5277
Yahl Primary	8725 3658	8725 0717	Lange Rd, Yahl 5291

FAMILY DAY CARE

CENTRE	PHONE	FAX	ADDRESS
Family Day Care, Mt Gambier	8721 1003	8723 1394	55 Boandik Tce, Mt. Gambier
Family Day Care - Naracoorte	8762 3099	8762 3459	44 Robertson St Naracoorte 5271

EARLY LEARNING RESOURCE PROGRAM

CENTRE	PHONE	FAX	ADDRESS
Early Learning Resource Prog.	87211004	8723 1394	55 Boandik Tce, Mt. Gambier

PRESCHOOLS / CHILD PARENT CENTRES

CENTRE	PHONE	FAX	ADDRESS
Acacia Kindergarten	8725 7373	8724 9383	Heath St. Mt Gambier 5290
Akuna Kindergarten	8725 9146	8723 9681	10 Ramsay Ave, Mt Gambier 5290
Balharry Kindergarten	8766 2139	8766 2108	PO Box 101, Lucindale 5272
Beachport CPC	8735 8124	8735 8228	Golf Course Rd, Beachport 5280
Carol Murray Chn's Centre	8752 1374	8752 0463	1 Dinning Tce, Bordertown 5268
Gladigau Pk Kindergarten	8725 9689	8723 9792	3 Gladigau St, Mt Gambier 5290
Glencoe Dist. Kindergarten	8739 4050	8739 4062	PO Box 66, Glencoe 5291
Kalangadoo Kindergarten	8739 3271	8739 3332	George St, Kalangadoo 5278
Kangaroo Inn CPC	8734 3046	8734 3134	PMB 24, Millicent 5280
Keith Kindergarten	8755 1348	8755 3461	PO Box 23 Keith 5267
Kingston Kindergarten	8767 2368	8767 3005	PO Box 401 Kingston SE 5275
Kirinari Kindergarten	8738 7323	8738 7350	C/- PO, Allendale East 5291
Kongorong CPC	8738 9231	8738 9217	PO Box 9494, Mt Gambier West 5291
McArthur Pk Kindergarten	8733 2462	8733 2429	PO Box 687, Millicent 5280
McKay Chn's Centre	8737 2535	8737 2821	7 Scott St, Penola 5277
Melaleuca Pk Kindergarten	8725 0272	8723 9815	Boandik Tce, Mt Gambier 5290
Michelle deGaris Ktgn	8762 1086	8762 0862	10 Price Ave, Naracoorte 5271
Millicent Nth Kindergarten	8733 3448	8733 4012	18 Ridge Tce, Millicent 5280
Moorak CPC	8726 6261	8726 6225	PO Box 961, Mt Gambier 5290
Mt Burr CPC	8734 8387	8734 8147	Thomas Dve, Mt Burr 5279
Mulga Street CPC	8725 9955	8725 0080	Mulga St, Mt Gambier 5290
Nangwarry CPC	8739 7241	8739 7292	Whitford Cr, Nangwarry 5277
Naracoorte Nth Kindergarten	8762 1581	8762 3392	Park Tce, Naracoorte 5271
Padthaway CPC	8765 5028	8765 5109	Post Office, Padthaway 5271
Rendelsham Kindergarten	8735 4237	8735 4335	C/- PO Rendelsham 5280
Robe Soldiers Memorial	8768 2306	8768 2892	Victoria St, Robe 5276
St Martin's Kindergarten	8725 5702	8725 5702	17 Edward St, Mt Gambier 5290
Tantanoola CPC	8734 4180	8734 4001	Randall St, Tantanoola 5280
Tarpeena CPC	8739 6283	8739 6322	12 Edward St, Tarpeena 5277

CHILD CARE SERVICES

ABC Developmental Learning Centre, Mount Gambier Central	8724 7334	-	19-25 Queens Ave, Mt Gambier 5290
Balharry Rural Care	8766 2222	8766 2108	PO Box 101, Lucindale 5272
Carma Playhouse	8724 9575	8723 4732	47 Helen St, Mt Gambier 5290
Carol Murray Chn's Centre	8752 1374	8752 0463	1 Dinning Tce, Bordertown 5268
Child Care on Wheels	8734 3046	8734 3134	PMB 24, Millicent 5280
Child Care on Wheels	8768 2003	8768 2432	Robe District Council, Robe 5276
Child Care on Wheels	87358124	87358228	Golf Course Rd, Beachport 5280
Gladys Smith ELC	8733 3030	8733 3066	PO Box 27, Millicent 5280
Local Kids Keith	8755 3311	8755 3111	4 Tolmer Tce Keith 5267
Local Kids Montebello	8724 7322	8724 7786	PO Box 3119, Mt Gambier 5290

CENTRE	PHONE	FAX	ADDRESS
Local Kids Wireless Rd	8723 5422	8723 5433	25 Wireless Rd, West, Mt Gambier
McKay Chn's Centre	8737 2535	8737 2821	7 Scott St, Penola 5277
Mt Gambier CCC	8725 1133	8725 2812	3 Derrington St, Mt Gambier 5290
Naracoorte CCC	8762 2850		Park Tce, Naracoorte 5271
Naracoorte ELC	87624944	87624955	McDonald St, Naracoorte 5271
Neighbourhood Centre	8725 1099	8725 1277	2B Keegan St, Mt Gambier 5290

PLAY CENTRES

Carpenter Rocks Play Centre			PO Carpenter Rocks 5291
Frances Play Centre	8765 1034	8765 1004	PO Box 61, Frances 5262
Nunga Playgroup			59 Boandik Tce, Mt Gambier
Salt Creek Play Centre	8575 7042	8575 7026	PMB 62, Meningie 5264

OUT OF SCHOOL HOURS PROGRAMME

- BSC – Before School Care, ASC – After School Care, VC – Vacation Care

Allendale East AS (ASC, VC)	0438387380	8738 7321	Allendale East 5291
Bordertown PS (ASC, VC)	0419828808	8752 1192	South Tce, Bordertown 5268
Keith (ASC)	8755 1177	8755 1618	Tolmer Tce, Keith 5267
Kingston Community School (ASC, VC)	0403 369865	8767 2247	46 East Tce, Kingston SE 5275
Mt Gambier OSHC Service Inc	8723 1922	8724 7066	PO Box 524, Mt Gambier 5290
- McDonald Pk Site (BSC, ASC)	8724 9235		57 North Tce, Mt Gambier
- Reidy Pk PS (BSC, ASC, VC)	8724 9264		O'Halloran Tce, Mt Gambier
- Melaleuca Pk (VC)	8725 1404	8725 0297	Boandik Tce, Mt Gambier
Naracoorte PS (ASC, VC)	8762 2014	8762 1677	PO Box 534, Naracoorte 5271
Newbery Park PS (ASC, VC)	8733 2368	8733 2377	Bridge St, Millicent 5280
Penola (McKay CC) (ASC)	8737 2535	8737 2821	7 Scott St, Penola 5277
Yahl PS (BSC, ASC, VC)	0438898546	8725 0717	Lange Road, Yahl 5291

OTHER

Independent Learning Centre	87230121	87233522	5 Percy St, Mt Gambier 5290
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2. PRIVATE SCHOOLS

Mary MacKillop Memorial Sch	8737 2902	8737 2137	PO Box 17, Penola 5277
Melrose Park Sch (Mt Gambier)	8723 5466	8723 5499	PO Box 1214, Mt. Gambier 5290
Sunrise Christian School	8762 4233	8762 4211	12-14 Rolland St, Naracoorte 5271
St Anthony's Primary School	8733 3479	8733 2483	37 Mt Gambier, Rd Millicent 5280
St Martin's Lutheran College	8725 1430	8723 2550	St. Martin's Dr, Mt Gambier 5290
Tenison Woods College	8725 5455	8724 9303	PO Box 965, Mt Gambier 5290



1. CHILDREN YOUTH AND WOMEN'S HEALTH SERVICES (CYWHS)

Telephone: See the clinic information below

Fax: See the clinic information below

Website: www.cyh.com.au

Services provided include:

- Support and information for children and families
- Clinic appointments for developmental health checks
- Universal Contact Visits
- New Parent groups
- Settling and feeding support
- The Neonatal Hearing Screening Program is done within a few days of birth, either before leaving hospital or by community midwife soon afterwards. If the baby has a refer result from hearing screening it will be repeated by the CYWHS nurse on the first home visit – if there are further concerns the child is referred to CYWHS audiologist. Results are discussed and forwarded to Neonatal Screening Centre.
- For further information contact the Parent Helpline 24 hours a day on 1300 364 100

There is an Early Childhood Intervention Co-Ordination Program with a regional Early Childhood Intervention Consultant. This service is for parents of children 0-8 years of age with a disability or who are concerned about their child's development and may need support and guidance. This service operates from the Mount Gambier base, 5 Heriot Street on Monday, Tuesday and Wednesday from 9.00a.m. to 3.00pm. Telephone contact is 87250705.

The Early Childhood Intervention Consultant also runs My-Time Groups to provide local support for parents, grandparents, and anyone caring for a child under school age with a disability or chronic medical condition and in receipt of a Carers Allowance (Child). Groups will be able to participate in activities whilst a play helper keeps their children busy and active. Parents and carers will have the opportunity of meeting with others in similar circumstances, have fun, find out about community support, parenting information and skill development and most of all have some 'my time', while their children play supported.

CENTRES: DAY/TIMES	ADDRESS	TELEPHONE	FAX
Beachport 2nd and 4th Wednesday 10.00 – 11.30	Beachport Services Centre Wattle Range Council Millicent Rd, Beachport	1300 733 606	
Bordertown Every Wednesday 9.00 – 12.00 Except 5th Wed of the month	St. John's Building Cnr Tatiara Tce & Tolmer Tce Bordertown PO Box 750 B'Town 5268	Appointments 8752 9050	8752 1405
Keith 2nd & 4th Thursday 9.00 - 4.00	St. John's Centre Hill Avenue Keith	Appointments 8755 1259	
Lucindale 2nd Friday of the month 9.00 - 12.30 Health Centre	Health Centre Musgrave Avenue Lucindale Mostly at Kindy	1300 733 606	

CENTRES: DAY/TIMES	ADDRESS	TELEPHONE	FAX
Millicent Thursday 9.00 -11.00 1.00 - 3.00	North Terrace Millicent	1300 733 606	8733 4512
Mt Gambier Monday – Friday 9.00 - 4.00	Child & Family Health Centre 5 Heriot Street Mt Gambier	1300 733 606	8723 1955
Naracoorte Tuesday 9.00 - 4.00 Friday 9.00 -12.30 Open	82 Ormerod Street Naracoorte	1300 733 606	8762 0438
Padthaway 1st Tues of the month 9.00 – 12.00 Open session	SA Ambulance Centre Memorial Drive Padthaway	1300 733 606	
Penola 2nd & 4th Tuesday 9.00 – 4.00	44 Young Street Penola	1300 733 606	
Robe 2nd & 4th Wednesday 1.30 – 3.30	Council Chambers Royal Circus Road Robe	1300 733 606	

2. CHILD AND ADOLESCENT MENTAL HEALTH SERVICE (CAMHS)

Telephone: 8724 7055
 Fax: 8723 2610
 Address: PO Box 260 Mount Gambier 5290
 Location: 2 Crouch Street North, Mount Gambier
 Email: robyn.coleman@fmc.sa.gov.au



Government of South Australia
 Southern Adelaide Health Service
 SAHS-CAMHS

Child and Adolescent Mental Health Service (CAMHS) is part of Southern Adelaide Health Service and provides free mental health services to 0-18 year olds and their families who are experiencing emotional or behavioural problems. Referrals can be made by professionals and services providers as well as by parents or young people over the age of 16 years.





3. COMMUNITY HEALTH

SOUTH EAST REGIONAL COMMUNITY HEALTH SERVICE, COUNTRY HEALTH SA (SERCHS)

LOWER SOUTH EAST

Mount Gambier

Telephone: 87211460
Fax: 87211461
Address: PO Box 267
Mount Gambier SA 5290
Location: Wehl Street North,
Mount Gambier SA

Millicent

Telephone: 8733 4755
Fax: 87333 4402
Address: c/o SERCHS Millicent
PO Box 93
Millicent SA 5280
Location: Hospital Grounds
Mount Gambier Rd,
Millicent SA

Penola

Telephone: 87370792
Fax: 87373146
Address: 18 Church Street
Penola SA, 5277
Location: As above

Email for SERCHS (LSE):

wendy.kuhlmann@health.sa.gov.au

UPPER SOUTH EAST

Naracoorte

Telephone: 87628160
Fax: 87628164
Address: PO Box 366
Naracoorte SA 5271
Location: Cedar Avenue,
Naracoorte SA

Keith

Telephone: 87553122
Fax: 87553123
Address: 27 Hill Avenue
Keith, SA 5267
Location: As above

Kingston

Telephone: 87670238
Fax: 87672963
Address: Young Street
Kingston SE, SA 5275
Location: As above

Lucindale

Telephone: 87662656
Fax: 87662658
Address: PO Box 21,
Lucindale, SA 5272
Location: Musgrave Avenue
Lucindale, SA

Email for SERCHS (USE):

kate.mclean@health.sa.gov.au

Please Note: The email contacts listed above are the addresses of the SERCHS Early Childhood Intervention Intake Officers who can pass on enquiries to ECI staff at SERCHS.

Early Childhood Intake:

All children aged 0-12 years are referred to SERCHS departments via the Early Childhood Intake Officer. There is an open referral process however parental consent must be obtained to make a referral. Parents/carers complete a checklist to identify their child's developmental needs and the various Early Childhood Intervention departments provide assessment and therapy as is appropriate. Children aged 13 years and older are referred directly to the department of concern.

Speech Pathology:

Provides assessment and management of swallowing, understanding and use of language, speech sounds, voice, dysfluency/stuttering and hearing. Management may be individual or in groups and parental/carer involvement is promoted. Regular hearing screening is also offered at Millicent and Mount Gambier.

Occupational Therapy:

Occupational Therapy (OT) aims to restore, enhance or adapt a child's abilities with everyday activities and with play. An Occupational Therapist does assessments of a child's development, self-care skills, play, movement, cognitive skills and hand skills. Difficulties in these areas may be due to delayed development, a medical condition, a physical disability, sensory processing difficulties, learning difficulties or behavioural problems. Therapy aims to improve identified difficulties using play and activities, whilst also building on the child's strengths. Consultations can occur at Community Health, at schools or pre-schools, at child care centres or at home.

Physiotherapy:

Sites currently serviced: Mount Gambier. Children 0-12 years & youth 12-18 years. Children seen may present with a range of problems including gross motor delay, rheumatological conditions, neurological conditions, musculoskeletal/orthopaedic conditions, cardiothoracic conditions. All children are eligible. Compensable clients may be encouraged to seek private services. Limited services to children with high needs provided in Naracoorte.

Dietetics:

Dietitians are university educated health professionals who are experts in the field of nutrition. Dietitians work with children aged 0-12 years and youth 12-18 years. The conditions which a dietitian can provide dietary assistance for include, type 1 diabetes, over weight and obesity, malnutrition, fussy eating, coeliac disease and other conditions which require nutritional intervention. The dietetics department provides one-on-one outpatient appointments and group education sessions. Out-patient appointments are allocated based on the urgency of your condition and in accordance with the priority system established by the dietetics department. The service is available in Mount Gambier and Naracoorte with outreach services to Millicent, Bordertown, Kingston and Keith.

Child Development Unit (CDU):

The aim of this service is to provide a team approach to the assessment and management of children whose development is of concern in more than one area and to provide support to their families. The Child Development Unit can offer developmental assessments of children with multiple difficulties such as – delayed development, speech and language problems, learning disabilities, problems with physical activities, forming friendships with other children and related behavioural difficulties. We have 4 visiting Paediatricians to the Limestone Coast: Dr Richard Cockington, Dr Ray Russo, Dr Andrew Tidemann and Dr James Rice, with 6 clinics per year in Mount Gambier and 4 clinics in Naracoorte. The CDU has an open referral policy and anyone can refer a child to this service.

Podiatry:

May be accessed by referral through the Early Childhood Intake Officer with children attending podiatry:

- To check the development of their feet, legs and walking.
- If they are experiencing foot or leg pain.
- For advice and treatment of skin/ nail conditions of the feet and legs

Parents may receive advice on topics including suitable footwear and encouraging appropriate development.

Social Work:

Social workers assist parents through direct counselling support around issues that may be impacting upon their parenting. These issues may be such things as: Domestic Violence, a past parental history of abuse, grief and loss, relationship breakdowns and/or depression and anxiety. Social workers can act as advocates for parents to enable them to access other services and the social workers can also assist with referrals to other agencies.

Continence Nurse Advisor:

For children with wetting, soiling or constipation problems. A doctor's consult is required prior to treatment and some screening tests may be appropriate Eg. Microurine test. Bedwetting treatment is from 5 years, soiling treatment from 3-4 years and constipation treatment/advice is for all ages.

4. DENTAL SERVICES

REGIONAL DENTISTS

Bordertown

Ean Nicholls
71 Binnie Street
Bordertown SA 5268
Telephone: 87521313

Keith

K El-Masri
Keith Hospital
Hill Avenue
Keith SA 5267
Telephone: 872551300

Keith Dental Clinic
Tolmer Terrace
Keith SA 5267
Telephone: 82311124

Dr Graham Parry & Dr William South
Keith Area School
Tolmer Terrace
Keith SA 5267
Telephone: 87551835

Kingston

Dr Deborah A Miller
Young Street
Kingston SE SA 5275
Telephone: 87672088

Millicent

Millicent Dental Clinic
Dr Basil Mavroudis & Dr Oleg Zarucki
19 Short Street
Millicent SA 5280
Telephone: 87333502

Mount Gambier

Dr Douglas Castle, I Ridley & H Heaver
26 Ferrers Street
Mount Gambier SA 5290

Hawkins Dental Clinic
Dr Catherine Dunn
30 Sturt Street
Mount Gambier SA 5290
Telephone: 87255266

Confident Smile
Dr Peter Nguyen & Dr Anthony Franzmann
24 Anthony Street
Mount Gambier SA 5290
Telephone: 87254989

Dr RM Hutton
31 Helen Street
Mount Gambier SA
Telephone: 87252441

Naracoorte

Dr S Lewis, Dr G Madan, Dr P Shakes & Dr L Upton
44a Robertson Terrace
Naracoorte SA 5271
Telephone: 87621449

Naracoorte Dental Clinic
Dr Le Thien
188 Smith Street
Naracoorte SA 5271
Telephone: 87623333

Robe

RM Milner
Robe Medical Centre
Smillie Street
Robe SA 5276
Telephone: 87682012

REGIONAL ORTHODONTISTS

Dr Alan Davey
1 Davison Street
Mount Gambier SA 5290
Telephone: 87256612

Jonathon Ashworth
19 Short Street
Millicent SA 5280

Dr Stephan V Oleschenko
1 Davison Street
Mount Gambier SA 5290
Telephone: 87256612

SOUTH AUSTRALIAN DENTAL SERVICE, (SADS)

- Location 1: SA Dental Service, Bordertown Primary School
South Terrace, Bordertown
Telephone/Fax: 8752 1786
Email: bord@connect.net.au
- Location 2: SA Dental Service, Millicent North Primary School
Cnr Second and Ninth Streets, Millicent
Telephone/Fax: 8733 3957
Email: milli@connect.net.au
- Location 3: SA Dental Service, Mount Gambier Dental Clinic
Mount Gambier Hospital, Wehl Street North, Mount Gambier
Telephone: 8721 1633
Fax: 87211632
Email: sadsmtgambier@health.sa.gov.au
- Location 4: SA Dental Service, Naracoorte Primary School
Park Terrace, Naracoorte
Telephone/Fax: 8762 2614
Email: nara@connect.net.au
- Location 5: SA Dental Service, Kingston Dental Van
C/- Community School, East Terrace, Kingston SE
Telephone: 87672387
Email: kingstone@connect.net.au
Website address: www.sadental.sa.gov.au



Government of South Australia

Central Northern Adelaide
Health Service
SA DENTAL SERVICE

Through SADS, the Government of South Australia offers a comprehensive dental care program for all South Australian children from birth to 18 years. Considered to be the best in Australia, the aim of the service is to ensure that children have the opportunity to reach adulthood with good oral health and develop the skills to maintain it. Each child receives a personalised dental care plan to prevent and control dental diseases, and parents are encouraged to play their part in making sure their child enjoys good oral health. The length of time between appointments varies as each child receives a personalised dental care plan. For those children requiring more intensive dental care, checkups are scheduled more frequently.

5. GENERAL PRACTITIONERS/MEDICAL CLINICS: Listed alphabetically.

BEACHPORT

BEACHPORT MEDICAL SERVICES

1 Millicent Road
BEACHPORT SA 5280
Phone: 8735 8056
Fax: 8735 8579

BORDERTOWN

BORDERTOWN FAMILY MEDICINE

10 Woolshed Street
BORDERTOWN SA 5268
Phone: 8752 1155
Fax: 8752 1950

DR JAYSINGHE

41 Croker Street
BORDERTOWN SA 5268
Phone: 8752 1066
Fax: 8752 9080

KEITH

KEITH & DISTRICT SURGERY

Hender Street
KEITH SA 5267
Phone: 8755 1766
Fax: 8755 3011

KINGSTON

KINGSTON COMMUNITY MEDICAL CENTRE

89 Agnes Street
KINGSTON SE SA 5275
Phone: 8767 2024
Fax: 8767 2542

LUCINDALE

LUCINDALE COMMUNITY HEALTH CENTRE

22 Musgrave Avenue
LUCINDALE SA 5272
Phone: 8766 2656
Fax: 8766 2658

MILLICENT

THE MEDICAL CLINIC MILLICENT

10 Short Street
MILLICENT SA 5280
Phone: 8733 2200
Fax: 8733 4420
Web: <http://www.mcmillicent.com.au>
Email: admin@mcmillicent.com.au

MOUNT GAMBIER

FERRERS MEDICAL CLINIC

2 Wehl Street
MOUNT GAMBIER SA 5290
Phone: 8725 4261
Fax: 8723 8233

NANGWARRY

NANGWARRY MEDICAL CENTRE

6 Hunkin Street
NANGWARRY SA 5277
Phone: 8739 7303

HAWKINS MEDICAL CLINIC

30 Sturt Street
MOUNT GAMBIER SA 5290
Phone: 8725 5266
Fax: 8723 1297
Web: www.hawkinsmedical.com.au
Email: dbeatty@hawkinsmedical.com.au

MORNINGSIDE HOUSE FAMILY PRACTICE

Dr K McENTEE
33 Helen Street
MOUNT GAMBIER SA 5290
Phone: 8723 1155
Fax: 8723 2695

**NARACOOORTE
BERACAH HOUSE**

Dr Daisy Ponniah
8 Robertson Street
NARACOOORTE SA 5271
Phone: 8762 1484
Fax: 8762 0241

**PENOLA
PENOLA MEDICAL CLINIC**

18 Church Street
PENOLA SA 5277
Phone: 8737 2218
Fax: 8737 2505

KINGCRAIG MEDICAL CLINIC

65 Jenkins Terrace
NARACOOORTE SA 5271
Phone: 8762 4888
Fax: 8762 1169
Web: <http://www.kmc.com.au>
Email: kingcraigmc@kmc.com.au

ROBE

ROBE COMMUNITY HEALTH CENTRE

1 Smilie Street
ROBE SA 5276
Phone: 8768 2012
Fax: 8768 2766

6. HOSPITALS: SOUTH EAST PAEDIATRIC/MATERNITY WARDS

MILLICENT & DISTRICT HOSPITAL & HEALTH SERVICES INC. (MDHHSI)

Telephone: 87330100
Fax: 87334101
Address: Post Office Box 93, Millicent SA 5280
Location: Mount Gambier Road, Millicent SA
Email: mdhhsi@saugov.sa.gov.au
Website address: www.millhosp.org

MDHHSI provides:

Antenatal Classes – A variety of classes are offered:

- For first time mums
- For women who have had a previous child, and
- A full day session held on a Saturday for those couples who cannot attend the evening classes.

Services – MDHHSI is the only obstetric provider between Mt Gambier in the south to Kingston in the north and delivers approximately 120 babies a year. When presentations require an up transfer to a tertiary hospital, appropriate retrieval or transfers are arranged.

Lactation Consultant – MDHHSI also has a qualified lactation consultant who consults from the hospital every Wednesday.

Accident and Emergency – Visiting medical officers staff this area 24/7 on an on call basis. Paediatric patients presenting to the Accident & Emergency department are offered immediate support and triage by the nursing staff in the first instance.

Neonatal Hearing Screening Program.

MOUNT GAMBIER AND DISTRICT HEALTH SERVICE (MGDHS)

Maternity/Paediatric Unit

Telephone: 8721 1297
Fax: 8721 1415
Address: PO Box 267, Mount Gambier SA 5290
Location: Wehl St North Mouth Gambier
Email: jeffs.fiona@saugov.sa.gov.au
Website: The hospital website is in process of being developed

- The Maternity/Paediatric Ward is a 20 bedded unit comprising of both Paediatric and Maternity Beds for acute admissions supported by 1 paediatrician, 2 obstetric specialists and a consortium of GP obstetricians and paediatricians
- Level 2 nursery taking babies above 34 weeks gestation
- Antenatal Education classes
- Midwifery Antenatal booking clinic for all women birthing at the hospital
- Domiciliary midwifery program for both antenatal and postnatal home visiting
- Neonatal Hearing Screening Program

NARACOORTE HEALTH SERVICE INC (NHS)

Telephone: 8762 8100
Fax: 8762 3516
Address: Box 366, Naracoorte SA 5271
Location: 101 Jenkins Terrace, Naracoorte SA
Email: pam.schubert@health.sa.gov.au
Website: Not available at present - currently under development

- Acute emergency / medical / surgical services
- Neonatal care including immunisation (initial component only)
- Neonatal Hearing Screening program
- Ante Natal booking in clinic
- Ante Natal Classes (bookings through Community Health)
- Obstetric and Neonatal care
- Community Midwife on discharge (organised by Community Health)
- Paediatric care - ENT specialist (visiting)

PRIVATE ALLIED HEALTH PRACTITIONERS

1. CLINICAL PSYCHOLOGY/COUNSELLING

LIZ MORIARTY AND ASSOCIATES

Telephone: 8723 1999 for appointments
Fax: 8723 0323
Location: 49 Helen Street Mt Gambier 5290
Address: PO Box 959 Mt Gambier 5290
Email: lizmoriarty@bigpond.com.au
Website: www.lizmoriarty.com

Liz Moriarty and Associates is a private counselling and therapy practice in Mt Gambier and has been operating for 12 years. Staff are qualified counsellors and highly experienced. The practice offers counselling and therapy to children and adults, individuals, couples and families, business and organisation's employees. Liz has three Associates, Fran Kelly, Laura Herbert, (both counsellors) and Associate, George Wasyluk who is a clinical psychologist specialising in work with children. Liz and her team undertake a diverse range of counselling. Tailor made training programs for business and organisations are also available upon request. Liz Moriarty and Associates also offers Mindfulness Meditation Programs for children and adults.

MCPHEE ANDREWARTHA PTY LTD

Telephone/Fax: 8357 1800
Address: 10 Helen Street, Mount Gambier 5290
Main Office: Ground Floor, 162 Greenhill Road, Parkside, SA 5063
Email: people@mcpheeandrewartha.com.au
Website: www.mcpheeandrewartha.com.au

McPhee Andrewartha is a private consultancy that provides a range of individual and organisational psychological services. Experienced registered psychologists provide a two day per week visiting service to Mt Gambier. Our psychologists are qualified to deliver a range of services to adults and children. These include psychological treatment services across the lifespan and assessment services for educational and vocational planning. Treatment issues of particular relevance to early intervention include: behavioural concerns and parenting issues, poor self-esteem and low self image, anxieties and phobias, sleep disturbance, and career decisions, self-identity and future directions.

2. OCCUPATIONAL THERAPY

LIMESTONE COAST OCCUPATIONAL THERAPY SERVICES

Telephone: 0439 389 154
Fax: 8724 9350
Address : PO Box 2367, Mount Gambier SA 5290
Location: 7a Helen St, Mount Gambier SA
Email: taniathompson@netspace.net.au

Providing private occupational therapy services to children (0-12 years of age). Including areas of developmental delay; learning difficulties; handwriting and specific disabilities. Hand therapy, home modifications; equipment assessment and provision. Providing services throughout the lower South East of South Australia. Our aim is to help optimise a child's ability to function in their daily life.

3. PHYSIOTHERAPY

GOOD COUNTRY PHYSIOTHERAPY

Proprietor: Angela Dunsford
Telephone/Fax: 8755 1530
Address: PO Box 260, KEITH SA 5267
Location: 13a McBain Street, KEITH SA
Email: keithphysio@dodo.com.au

Assessment and management of many paediatric issues, including Paediatric outpatient service, for children aged 0 - 18 years. Developmental delay, foot deformities, growing pains, acute injuries and chronic conditions such as cerebral palsy, muscular dystrophy etc. Private and public patients welcome.

NARACOORTE PHYSIOTHERAPY CLINIC

Jennie Martin

Telephone/Fax: 8762 8130
Location: 101 Jenkins Terrace, Naracoorte SA
Located on the southern end of Naracoorte Hospital; enter via Jenkins Terrace.
Address: PO Box 70, Naracoorte SA 5271
Email: npc101@bigpond.com

Contracted provider of paediatric Physiotherapy services for South East Regional Community Health Service in the Upper South East. Services include:

- General Physiotherapy Service for clients aged 0-18 years
- Developmental assessments and programs for the facilitation of gross motor skills
- Paediatric Orthopaedic Physiotherapy
- Gait analysis
- Child Development Unit (Physiotherapy)
- Hydrotherapy programs

SUE CHARLTON

Australian Physiotherapy Association (APA) Paediatric Physiotherapist

Telephone/Fax: 8725 5383
Mobile: 0417 852 366
Address: 7a Helen Street, Mount Gambier 5290
Email: suecharlton@internode.on.net

Available to all children from birth to age 18. Outreach worker and coordinator in the Lower South East for physiotherapy services to Novita Children's Services clients. Registered with Medicare to provide services under the Enhanced Primary Care (EPC) program.

THERAPY FOR LIFE

Laura Crowe-Owen & David Gryn

Telephone: 8724 8114
Fax: 8724 8144
Address: PO Box 1403, Mount Gambier 5290
Locations: Mount Gambier: 8B Percy Street, Mount Gambier
Millicent: Millicent Hospital
Beachport: Beachport Medical Services
Email: tfl.mtg@bigpond.net.au

Private physiotherapy service. Includes developmental assessment, serial plastering, limited splint making, management of musculoskeletal and orthopaedic problems (excluding newborn hip problems, clubbed foot), sporting injuries.

4. PODIATRY

LIMESTONE COAST PODIATRY

Mt Gambier Practice

Telephone: 8724 7777
Address: PO Box 1500, Mount Gambier SA 5290
Location: 2 Krummel Street, Mount Gambier SA
Email: mountgambier@limestonecoastpodiatry.com.au

Naracoorte Practice

Telephone: 8762 0601
Address: PO Box 219, Naracoorte SA 5271
Location: 44B Robertson Street, Naracoorte SA
Email : naracoorte@limestonecoastpodiatry.com.au

Accredited Members of the Australian Podiatry Association. Members of: Sports Medicine Australia. HICAPS (on the spot health fund rebates) available at Naracoorte and Mt Gambier. Covering all aspects of Podiatry. Parents of children under 5 will often have their child assessed by a Podiatrist even though they may not have any current symptoms. This will give the parent peace of mind in an instance where no intervention is required or the ability to act sooner rather than later should treatment be required. Also Visiting: Bordertown, Keith, Kingston, Robe, Lucindale, Millicent, Penola, Portland.

DENNIS R PENNY

Telephone/Fax: 8723 2265
Address: PO Box 3509, Mount Gambier SA 5290
Location: 21 Sturt Street, Mount Gambier SA

All Podiatric Podiatry Care including orthotics.

5. PSYCHOLOGY/SPEECH PATHOLOGY

PIET CROSBY, PSYCHOLOGIST

ANDREA DAHL-JOHNSTON, SPEECH PATHOLOGIST

Telephone: 0417 706 145 and 0417 813 916
Address: PO Box PO Box 3144, North Adelaide SA 5006
Locations: Melbourne St, North Adelaide SA 5006
Email: pietcrosby@internode.on.net; cjadj@iprimus.com.au

This is a private practice in North Adelaide, offering an outreach service to the South East visiting the region with these services:

- Diagnostic assessments considering Autistic Disorder and Asperger's Disorder (multi-disciplinary or second opinion)
- Consultancy services, or training and development activities
- Psycho-educational assessment and advice.
- Psychological assistance in anxiety and related conditions.
- Support to staff experiencing difficulties as a result of work related issues, or which are affecting them at work.
- Confidence, direction and self-esteem building
- Conflict management and negotiation
- Assessment of speech and / or language development.
- Advice regarding speech and language development programs.

REGIONAL SUPPORT AGENCIES

1. ANGLICAN COMMUNITY CARE INCORPORATED (ACC)

Head Office: 8724 9211
Fax: 8725 5087
Address: PO Box 1842, Mount Gambier SA 5290
Location: White Avenue, Mount Gambier SA
Email: acc@accinc.org.au
Website: www.accinc.org.au



Services:

- Family Support – assisting families with positive parenting
- Flying Start – early intervention program to give children and their parents a positive start in life
- Foster & Respite Care - for children who need out of home care
- Family Reunification - intensive intervention to return children to their families
- Recreation Link-Up – to enable people with a disability to access recreational activities
- Supported Accommodation – case management for people who are homeless or at risk of homelessness
- Children's Contact Service – a safe environment for supervised handover and contact visits
- Gaining Ground – a further education program for single young parents, providing crèche facilities and transport within the Mt. Gambier region.
- Men & Family Relationship Services – to help men improve their relationships with their partners, ex-partners, children and step children.
- Family Relationship Counselling – Counselling for couples, families, individuals, same-sex couples to strengthen family relationships.
- Specialised Family Violence Services – Where families are or have been affected by family violence– counselling and support for all family members.
- Family Relationships Education & Skills – Courses to develop positive relationships skills with partners, children and other family members.
- Community Support Centre – offering a wide range of educational and recreational activities for low or no cost in Mt Gambier (ph 87230540)
- Community Service Centre – Centrelink agency and various visiting human services in Millicent
- Emergency Relief – for people in financial hardship, appointment only
- StepUP – low interest loans from \$800

2. CARERS SA - SOUTH EAST CARERS

Telephone: 1800 654 429 or 8724 7188
Fax: 8724 7199
Address: PO Box 1417, Mount Gambier SA 5290
Location: 61A Commercial Street East, Mount Gambier SA
Email: secarers@carers-sa.asn.au
Website: www.carers-sa.asn.au and www.carers-sa.asn.au/yc (Young Carers website)



Carers SA recognises the enormous contribution made by Carers to both the person they care for and to the community. The Association also recognises the special stresses and demands – emotional, physical and financial that exist in the lives of Carers. A number of Carer programs have been developed by Carers SA. Carers SA can provide links with other Carers throughout the State and allows carers to share the experience of caring and to provide and receive support.

3. CENTRELINK

Telephone: 131 021
Fax: 8726 0999
Address: PO Box 76, Port Adelaide, BC SA 5015
Location: Customer Service Centre, 5 Percy Street, MOUNT GAMBIER SA
Web: www.centrelink.gov.au

Centrelink is a government agency delivering a range of Commonwealth services to the Australian community. Centrelink is set up so people can get more of the help they need in one place. Centrelink offers a range of services for ten commonwealth government departments, including:

- Department of Families, Community Services & Indigenous Affairs
- Department of Health and Ageing
- Department of Education, Science and Training
- Department of Immigration and Multicultural Affairs

For queries re the role of the parent or Guardian (also includes separated or divorced situations) contact Family Assistance by phoning 136150. For queries re disability, illness, injury or caring for someone with a disability, illness or injury contact 132717. For the Centrelink Business Hotline telephone 131158 or fax 132 115.

4. CHILD CARE ON WHEELS SERVICE (CCOWS)

CCOWS is a mobile child care service operating from Robe Council.

Telephone: 8768 2003
Fax: 8768 2432
Address: PO Box 1, Robe SA 5276
Location: Robe District Council, Royal Circus, Robe SA
Email: robyn@robe.sa.gov.au



Robe CCOWS offers accessible, affordable quality care and education to children between 6 months and 5 years, in a long day care setting. A vehicle is used to transport staff, equipment and appropriate materials to the different sites, as an integral part of the service being offered. This service is funded by the Federal Government, sponsored by Robe District Council and meets the DECS Licensing requirements.

For bookings at Robe and Kangaroo Inn: 0429 682 004

- CCOWS is at Robe on Monday, Tuesday and Friday from 8.30am until 5.15pm
- CCOWS is at Kangaroo Inn on Thursday from 8.45am until 5.00pm
- For bookings at Beachport: 0429 682 010
- CCOWS is present on Wednesday from 8.45am until 5.00pm

5. COMMONWEALTH RESPITE AND CARELINK CENTRE, SOUTH EAST AND COUNTRY

Telephone 8733 1300 or 1800 059 059
Fax: 8733 1311
Address: PO Box 1163, Millicent SA 5280
Located: Shop 1/6 Davenport Street, Millicent SA
Email: respitemill@carers-sa.asn.au
Website: www.carers-sa.asn.au



Commonwealth Respite & Carelink Centre assists carers with access to respite services by:-

- Providing a 24 hour emergency respite service
- Arranging & providing funding for short term / occasional or emergency respite
- Working closely with local services to meet respite needs

A Carer is someone who provides care and support for their parent, partner, child or friend who has a disability, is frail aged or who has a chronic or physical illness. This includes caring for someone who requires palliative care and Young Carers.

Commonwealth Carelink is a person-to-person free information & referral service that can put you in touch with local home care and support services for older people, people with a disability and their Carers.

6. DISABILITY SA

Lower South East Details

Telephone 8725 5633
Fax: 8725 7845
Address: PO Box 288, Mount Gambier SA 5290
Located: Centrelink Building, 5 Percy Street, Mount Gambier
Email: Mt.Gambier@dfc.sa.gov.au

Upper South East Details

Telephone 8762 8166
Fax: 8762 8164
Address: PO Box 366, Naracoorte SA 5271
Located: South East Regional Community Health Service, Cedar Avenue, Naracoorte SA 5271
Email: Naracoorte@dfc.sa.gov.au

Disability SA provides early childhood services to any child with a significant developmental delay. Access to the service for individuals six years and over requires confirmation that the child has an intellectual disability. For some children it is difficult to make this decision until the child reaches school age.

Services are aimed at enhancing the development of the individual and their participation in the family and community life. In addition families are supported in their role as carers:

This support includes information, short term assistance to identify needs, and link the individuals/family to services and support networks.

Extended support for those considered most in need of assistance.

Novita Children's Services provide early childhood services to children who are eligible for their services through Disability SA in the SE region.

7. FAMILIES SA

Address: PO Box 1160 Mount Gambier SA 5290
Location: 4 James Street, Mount Gambier SA
Telephone: 8724 4844 or freecall 1800 800 747
Fax: 8724 4855
Email: Allen.March@dfc.sa.gov.au
Website: www.familiesandcommunities.sa.gov.au

The Department for Families and Communities has a broad mandate to work with those who, through circumstance, may be poor, vulnerable, at risk of harm or isolated, to connect them to choices and opportunities. As a Division of the Department, Families SA has leadership in a number of key areas including child protection, youth justice, and adoptions. Our primary area of concern is the protection of children – keeping them safe. Within this context we work in the following areas: Protecting children from abuse and harm, supporting families to reduce risk to children, providing alternative care for children and young people when home is not an option, working with young people who break the law, managing adoption processes, caring for refugee children at risk, delivering services to address poverty, and helping communities affected by disaster to rebuild.



8. HOMECARE PLUS (HCP)



Telephone: 8723 3788
Fax: 8723 1660
Address: Shop 5 & 6 Ripley Arcade Mount Gambier SA 5290
email: krystineh@pqasa.asn.au
Website: www.pqasa.asn.au

Homecare Plus supplies a variety of in home and out of home support. The support is designed according to the requests of the funding body involved with consultation with family and carers. Support can be recreational, respite, developmental, according to the requirements identified. Out of home respite can also be provided in a respite house setting, individually and jointly with other children. All services can be privately funded, or funding may be provided by a variety of agencies.

9. INCLUSIVE DIRECTIONS INC.

South East Office

Phone: 8725 0211
Fax: 8725 0216
Address: 71 Suttontown Rd, PO Box 3143, Mount Gambier SA 5290
Email: southeast@directions.org.au
Web Site: www.directions.org.au



Inclusive Directions provides support to childcare services, out of school hours care services and family day care services to include children with disabilities and from culturally diverse backgrounds. Services may include training, assistance with programming, provision of equipment and resources, funding for extra staffing, support to build links with families, communities, and professionals.

10. MIROMA COTTAGE INCORPORATED

Telephone: 8725 0681
Fax: 8725 8494
Address: PO Box 1020, Mount Gambier SA 5290
Located: 12 Yeates Street, Mount Gambier SA
Email: miroma@internode.on.net



Miroma Cottage Incorporated

Miroma Cottage Incorporated is a Centre based facility (house) that provides flexible respite and school holiday programs for children who have an intellectual disability. Referrals are made through Disability SA, Commonwealth Carer Respite Care and Child, Youth and Family Services.

11. MOUNT GAMBIER TOY LIBRARY

Telephone: 87251254
Location: St Andrew's Community Centre, Elizabeth Street,
Mount Gambier SA
Opening Times: During School Terms:
MONDAY 9.30am – 11.30am
SATURDAY 10.00am – 11.30am
Not open on public holidays or school holidays

Each child may borrow two toys and one puzzle per two-week borrowing period. This can be extended for a further two weeks provided the toys are not reserved for someone else. The Mount Gambier Toy Library is a community organisation owned and operated by parents and caregivers. It's primary objective is to provide a large variety of quality toys and activities for children and families at a minimal cost. The Toy Library is manned by volunteers.

12. PANGULA MANNAMURNA INCORPORATED (PMI)



Telephone: 8724 7270
Fax: 8724 7378
Address: PO Box 942, Mount Gambier SA 5290
Located: 191 Commercial Street West, Mount Gambier SA
Email: faye.stewart@internode.on.net
Website: www.pangula.org.au

Pangula Mannamurna Incorporated is an Indigenous Community Controlled Health Service which is available to the Indigenous community within the South East Region. Pangula is a Boandik name for “medicine man” and Mannamurna is a Boandik name for “Joining hands/coming together”. Boandik is the traditional land that PMI stands on. Pangula Mannamurna provides many children’s services such as:

- Culturally appropriate services
- Family support
- Child support
- Advocacy
- Liaison
- Education programs on improving Parenting
- Referrals
- Aboriginal Child Health Checks
- Children’s immunisations

13. PLAYGROUPS



PLAYGROUPS IN THE LOWER SOUTH EAST

Acacia Kindergarten	21 Wimmera St, Mt Gambier	8725 7373
Akuna Kindergarten & Playgroup	10 Ramsay Ave, Mt Gambier	8724 9146
Bizzy Bee’s Playgroup	PO Box 2183, Mt Gambier 5290	0419 717 138
Carpenter Rocks & District Playgroup	PO Carpenter Rocks 5291	8723 5789
Gladigau Park Kinder & Playgroup	3 Gladigau Rd, Mt Gambier	8725 9689
Kalangadoo Playgroup & Kinder	George St, Kalangadoo 5278	8739 3271
Kirinari Playgroup Allendale East	c\ PO, Allendale East 5291	8738 7323
Melaluca Park Kinder & Playgroup	Boandik Terrace, Mt Gambier	8725 1404
Moorak CPC Kinder & Playgroup	PO Box 961, Mt Gambier 5290	8726 6261
Mt Gambier Developmental Playgroup	71 Suttontown Rd, Mt Gambier	8725 0211
Mulga Street Kinder & Playgroup	Mulga St, Mt Gambier	8725 9955
Salvation Army Playgroup	Wyatt St, Mt Gambier	8725 9900
St Martin’s Kinder & Playgroup	17 Edward St, Mt Gambier	8725 5702
Tarpeena Child Parent Kindergarten	12 Edward St, Tarpeena 5277	8739 6283
Travelling Nunga Playgroup	Boandik Terrace, Mt Gambier	8724 5300
Tumbleweed Active Playgroup	No. 2 Show Hall, Mt Gambier	0437 716 656
Young Parents Playgroup, Anglicare	White Avenue, Mt Gambier	8724 9211

PLAYGROUPS IN THE UPPER SOUTH EAST

Bordertown	RSL Hall, Bordertown	8752 1566
Frances CPC	Frances Primary School	8765 1034
Keith Community Health Centre	Hill Street, Keith	8755 1830
Kids at Gym, Naracoorte High School	Stewart Terrace, Naracoorte	8762 0724
Kingston Kindergarten	32 Cameron St, Kingston	8767 2368
Lucindale (Balharry Kindergarten)	Centenary Ave, Lucindale	8766 2303
Michelle DeGaris Kindy	10 Price Ave, Naracoorte	8762 1086
Naracoorte North Kindergarten	39 Park Terrace, Naracoorte	8762 1581
Robe Kindergarten	Victoria Street, Robe	8768 2306
Willalooka Play Group	Willalooka Hall	8757 8273


Mount Gambier Developmental Playgroup

The Developmental Playgroup is a place where children with additional needs and their families can come and feel welcomed and valued. Parents can spend time in a supported environment with access to information, visiting therapists and other parents. Children can enjoy play experiences that allow them to participate at their own pace and developmental level. For further information please call Inclusive Directions (8725 0211).

Travelling Nunga Playgroup

This playgroup is inclusive of all children's backgrounds with a particular focus on Aboriginal children, families and culture. The Playgroup has been funded by the Department of Education, Science and Training (DEST) for a period of two years. The Playgroup aims to reach as many kindergartens and playgroups in the Limestone Coast District as possible. The Playgroup is a great opportunity for parents/carers and children to play, talk, meet and have fun with other people. Some cultural activities children will be involved in are painting rainmakers, didgeridoo's, masks (ie Mar the Cockatoo), dot paintings, along with general arts, crafts and lots and lots of playing!

14. SOUTH EAST REGIONAL DOMESTIC VIOLENCE SERVICES INC. (SERDVS)

Telephone:	8723 1385	 SOUTH EAST REGIONAL DOMESTIC VIOLENCE SERVICES INC.
Fax:	8723 1524	
Address:	PO Box 1682, Mount Gambier SA 5290	
Location:	Our location is not something we publicise, however would give it out to individuals upon direct request.	
Email:	susiej.smith@bigpond.com; rachael.barrett@bigpond.com; kate.spokes@bigpond.com	

Children's Services at SERDVS:

'Rainbows for Kids' is a therapeutic program for children aged between 5 – 10 years who have witnessed or been affected by domestic violence. Witnessing domestic violence can be very stressful for children. Their physical and emotional health can suffer. They may experience behavioral and learning difficulties. 'Rainbows' is an early intervention program that can assist children to overcome these difficulties. Children can learn how to get in touch with their feelings and learn to express their emotions in ways that do not harm themselves or others. Program involves group discussion, videos, books, art and other fun activities. Referrals can be made to Rachael or Kate who will make an appointment time for an assessment. The program is held on Thursdays between 4.00 and 5.00 pm during school terms dependant on numbers in the Children's Room at SERDVS. There are no costs involved.

SUPPORT GROUPS

1. AUSTRALIAN BREASTFEEDING ASSOCIATION (ABA)

Mt Gambier Group Contact

Telephone: Daina 8725 4693 or Jo 8739 6247
Fax: madbooth@iprimus.com.au

Tatiara Group Contact

Telephone: Cathy 08 87520197
Fax: ejcjlanglely@hotmail.com
Website: <http://www.breastfeeding.asn.au>



australian
breastfeeding
association

The Australian Breastfeeding Association (ABA) is an organisation of people interested in the promotion and protection of breastfeeding. Amongst these are breastfeeding women and their partners and health professionals such as doctors, lactation consultants and midwives. ABA's voluntary breastfeeding counsellors are experienced mothers who have completed an intensive training programme and have successfully breastfed their own children. They are bound by a code of ethics and offer their support over the telephone, in person and through a wide range of literature.

2. AUTISM/ASPERGER SUPPORT GROUP

Telephone: 1800 654 429 or 8724 7188
Fax: 8724 7199
Address: PO Box 1417, MOUNT GAMBIER SA 5290
Location: 61A Commercial Street East, MOUNT GAMBIER SA
Email: secarers@carers-sa.asn.au
Website: www.carers-sa.asn.au

Parents of children with autism and asperger syndrome meet monthly in Mount Gambier. It gives the parents an opportunity to meet other parents in a similar situation.

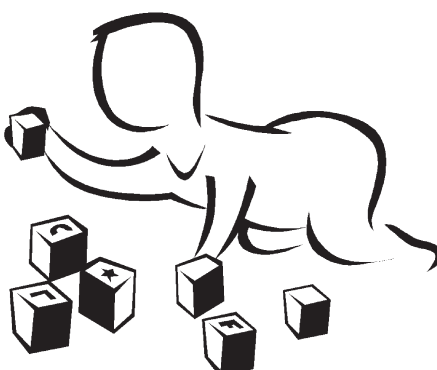
3. FRIENDS OF CHILD AND YOUTH HEALTH INC.

Telephone: 8303 1544
Address: 295 South Terrace, ADELAIDE SA 5000
Website: www.cyh.com



Making Parenting Easier

Friends of Child and Youth Health Inc. are approximately 2000 members of the community who "work in partnership with Children, Youth and Women's Health Service (CYWHS), providing clients, community members and volunteers with the opportunity to participate in activities which complement and enhance the objectives of CYWHS". Friends of Child and Youth Health Inc., or 'Friends', are groups of parents and caregivers who offer support, friendship and parenting information at the local level. These groups are known as Branches. Membership of Friends of Child and Youth Health is free. Please contact the phone number above for more information about Friends of CYH Inc in your local area.



4. MAINLY MUSIC

Telephone Contacts:

Bronwyn HERN - 87251059
Sharron BONE - 87230335
Cheryl WILSON - 87266334
Susie PARKER - 87252559

Location: St Andrew's Community Centre, Elizabeth Street, Mount Gambier SA

Sessions Times During School Terms:

MONDAY 9.30am – 10.00am

MONDAY 10.30am – 11.00am

Not open on public holidays or school holidays

Cost: \$3.00 per family per session

Mainly Music is an exciting music programme for toddlers, pre-school children and their carers run by the Mount Gambier Uniting Church.

5. PARENTS OF HEARING IMPAIRED OF SOUTH AUSTRALIA (PHISA)

Telephone: 0403 040 837
Address: PO Box 143, Henley Beach SA 5022
Email: phisa@internode.on.net
Website: www.users.on.net/~phisa/



PHISA was formed in Adelaide, South Australia by a group of concerned parents of hearing impaired children in 1977, who met to tackle a series of problems that were affecting their children. The organisation has grown from a handful of parents to a network that stretches all over the state of South Australia, to other states of Australia and even overseas. PHISA is a family support network run by parents, providing advocacy, empowerment and friendship. Our mission is to support parents in their journey to maximise the outcomes for their children who are deaf and hearing impaired.

6. SOUTH AUSTRALIAN MULTIPLE BIRTH ASSOCIATION (SAMBA)

Address: 46 Lockwood Road, Erindale SA 5066
Telephone/Fax: 8364 0433
Email: admin@samba.asn.au
Website: www.samba.asn.au
Office Hours: 10am-1pm Monday-Friday



The South Australian Multiple Birth Association (SAMBA) was formed in 1973 to provide support, information and practical assistance to families with twins, triplets, quadruplets, quintuplets etc. SAMBA is affiliated with the Australian Multiple Birth Association (AMBA) which is the national support group for parents of multiples and offers a range of additional resources. SAMBA aims to: share information on the care and raising of multiple birth children, provide social meetings and functions for members, participate in research at the local, national and international levels, increase the awareness of the individuality of multiple birth children, and help multiple birth families in financial or emotional distress.

7. YOUNG MUM'S GROUP

Telephone: 8723 2869
Fax: 8723 2854
Address &
Location: Lutheran Community Care, St Martins House, 17 Edward Street Mount Gambier SA

The Young Mum's Group is an informal group that meets each Tuesday (during school term) from 10.00am till 11.30am at St Martins House in the fellowship area of the church. The group is primarily for young single mums with children aged 4 years and below. All young mums are welcome to come along for a coffee and a chat, while the children play. We offer support, advice, guest speakers on various topics of interest and activities at the venue and elsewhere in the community such as parks and the Tree House Café. There is no cost involved for the young mums.

VISITING STATEWIDE SERVICES

1. AUSTRALIAN HEARING

Telephone: Australian Hearing Marion (08) 83770633 or 131797
Fax: 8377 2480
Address: Level 4, Office Tower, Westfield Shopping Centre,
Diagonal Road, Oaklands Park SA 5046
Location: Mount Gambier Hospital/Community Health,
Wehl Street North, MOUNT GAMBIER SA
Website: www.hearing.com.au



Children up to the age of 21 years who are Australian citizens or permanent residents are eligible for government-funded hearing services from Australian Hearing. Australian Hearing focuses on children with permanent or long-term hearing loss. Where there is no suggestion that a child is at risk of permanent hearing loss or may not need hearing devices, we will usually recommend the family contact another agency for testing and management. Mount Gambier is visited by an audiologist, with visits occurring for three-four days each month.

2. AUTISM SA

Telephone: 8379 6976
Fax: 8338 1216
Address: PO Box 339, Fullarton SA 5063
Location: 3 Fisher Street, Myrtle Bank SA
Email: admin@autismsa.org.au
Website: www.autismsa.org.au



Early childhood services are provided through Autism SA's school program. Consultant teacher visits to the home, kindergarten, childcare centres or attendance at review meeting occur once every 6 months. Families must be registered with Autism SA to receive services. Referral to Autism SA speech pathology and/or occupational therapy may occur in consultation with the consultant teacher. For our latest newsletter visit http://www.autismsa.org.au/newsletter/autiser_02.html and email infomail@autismsa.org.au to receive regular email updates on Autism SA events and activities.

3. CHILD PROTECTION SERVICE (CPS), FLINDERS MEDICAL CENTRE

Telephone: 8204 5484
After hours duty worker contacted via switchboard on 82045511
Fax: 8204 5612
Mailing Address: Flinders Medical Centre, Bedford Park SA 5042
Location: Mount Gambier Hospital/Community Health,
Wehl Street North, MOUNT GAMBIER SA
Website: www.flinders.sa.gov.au/womenandchildren/
then go to the 'Paediatric & Child Health' section, and finally click on 'Child Protection Services'



The CPS team at Flinders Medical Centre has specialist expertise in psychosocial and medical assessments, and longer term interventions in the areas of child abuse and neglect.

The CPS works with parents and children aged between 0-18 years to provide interventions to assist parents in identifying their difficulties in a manner that also acknowledges their strengths. In its longer term intervention roles, the CPS works specifically with children who are sexualized, and with high-risk infants and their parents and with parents who neglect and harm their children. The CPS sometimes provides a transitional point for parents to engage with other services and has developed significant links with the Families SA, Children's and Youth, Women's Health Services (CYWHS), CAMHS and other community-based organisations. The team consists of clinical psychologists, social workers, doctors, research and administrative staff. The CPS offers a fortnightly visiting service in the South East.

4. DOWN SYNDROME SOCIETY OF SOUTH AUSTRALIA

Telephone: 8369 1122
Fax: 8261 7660
Mailing Address: PO Box 436, Greenacres SA 5086
Location: Hampstead Primary School (west wing), Greenacres SA
Email: downssa@chariot.net.au
Website: www.downssa.asn.au/



The society is a non-government charitable organisation that aims to provide:

- A focus and networking role for the continuing development of services for people with Down syndrome and their families.
- A resource for the education and training of professionals and the community in general about the people with Down Syndrome.
- Advocacy in areas of service provision, discriminatory practices and a person's right to self determination. We do this on behalf of individuals by informing government of gaps in services and opportunities for change.

The Society offers services to approximately 500 clients across all age groups. The number of clients increases every year with the birth of new babies, interstate arrivals, and clients who previously have not accessed the service. Major reason for referral are families wanting access to parent support groups, updated research, information, services, leisure and recreation activities for people with Down Syndrome. To access services offered by the Society all families are encouraged to be a member of the organisation. Fees for service apply to early intervention programs, camps, sleep over's and training and development programs.

5. KILPARRIN TEACHING AND ASSESSMENT SCHOOL AND SERVICES

Telephone: 8277 5999
Fax: 8277 5800
Address
& Location: 1C Duncan Avenue, Park Holme SA 5043
Email: kilparrin@kilparrin.sa.edu.au
Website: www.kilparrin.sa.edu.au



Kilparrin is a South Australian Department of Education and Children's Services School and State-Wide Support Service for students with complex sensory and additional disabilities. Teaching and Assessment are carried out at the school at Park Holme or in the home or school of the child/student.



6. MALSSA INCORPORATED

Telephone: 8277 2066
Fax: 8277 1493
Address
& Location: 237 North Terrace, ADELAIDE SA 5000
Email: malssaadmin@malssa.org.au
Website: www.malssa.org.au



MALSSA Incorporated is part of the Australian Network of Disability Advocacy. MALSSA is an independent community organisation, which advocates for people with a disability from non-English speaking backgrounds and their carers. Where resources permit, advocacy is also provided to people from English speaking and Indigenous backgrounds. The disability can be physical, intellectual, psychiatric, acquired brain injury, hearing or vision impairment (including deaf and blind), neurological and learning disability. MALSSA can also assist families if a child is showing signs of slow development. MALSSA advocates to ensure that a persons rights are respected, helps access to services that a person is entitled to, and ensures services are of good quality. MALSSA's services are free.

MALSSA is available for contact on 82272066 or if contact is required in the persons own language, contact can be made with the Telephone and Translating Service on 131 450 and the interpreter can be asked to ring MALSSA on 872066. This interpreting service is free.

7. NOVITA CHILDREN'S SERVICES

Southern Regional Office

Telephone: 8329 5600 (for existing clients)
Telephone: 1800 337 443 (Central Intake for new referral enquiries)
Fax: 8329 5607
Address: PO Box 919, MORPHETT VALE, 5162
Location: 111 Beach Road, CHRISTIES BEACH SA
Email Address: sro@novita.org.au
Website: www.novita.org.au



The Southern Regional Office of Novita provides services to clients and their families in the South East of South Australia. Outreach visits, lasting approximately 3 days, generally take place up to 4 times per year (once per school term). The visiting Novita team consists of experienced therapists. The team can include a:

- Physiotherapist
- Occupational therapist
- Speech pathologist
- Psychologist

The service is free if the child is registered for services with Novita.

Novita's services are provided to children aged up to 18 years who are residents of South Australia, and who have been diagnosed with either a permanent impairment to physical functioning or an acquired brain injury that:

- has the potential to impact on their participation in life and
- is likely to require ongoing support

Specific eligibility criteria apply to families seeking Independent Living Equipment Program equipment, continence aids and inclusion support.

8. SENSORY DIRECTIONS

Telephone: 8203 8333; Toll Free – 1800 738 855
Fax: 8203 8332
Address: 251 Morphett Street, Adelaide SA 5000
Contacts: Makella Price and Debra Beeby
Email: makella.price@guidedogs.org.au and debra.beeby@guidedogs.org.au



Sensory Directions provide a case management service for people with a sensory disability with complex needs or difficult issues. Sensory Directions assists people by providing:

- Complex case management
- Information and referral
- Needs assessments
- Support plans
- Problem solving
- Advocacy
- Community education and development.

Sensory Directions works with people to understand their needs, and assists them to achieve their goals, and be as independent as possible. This may include:

- Assisting the person to access services and supports
- Linking into community activities or groups
- Plan their supports or access information and choices.

Eligibility - Sensory Directions works with people who are Deaf, hearing impaired, blind, vision impaired or Deafblind, who have complex needs or difficult issues because of their disability. People with complex needs may have a sensory disability and a second disability, behavioural issues, health issues, other significant issues, or difficulties finding or negotiating services or support generally. Sensory Directions provides services across metro and country SA from its head office. Regular country outreach services are provided in all regional centres, and more frequent visits are arranged as necessary.

9. SOUTH AUSTRALIAN SCHOOL FOR VISION IMPAIRMENT (SASVI)

Telephone: 8277 5255
Fax: 8277 5051
Email: kay.berry-smith@sasvi.sa.edu.au
Address: 1B Duncan Avenue, Park Holme SA 5043
Website: <http://www.sasvi.sa.edu.au/school.htm>



Eligibility for enrolment in SASVI or a program includes:

- Totally blind or braille dependent
- Partially sighted and requiring, due to low vision, intensive support to access the required learning areas and intensive instruction in the extended core curriculum for students with vision impairment.

Students are in a range of placement options:-

- South Australian School for Vision Impaired, Park Holme
- Vision Support Program, Seaview High School
- Vision Support Centre, Charles Campbell Secondary School
- Statewide Programs

10. CAND04KIDS –TOWNSEND HOUSE

Telephone: 8298 0900
Fax: 8377 1933
Email: info@cando4kids.com.au
Location: 28 King George Avenue, HOVE SA
Address: PO Box 43, Brighton SA 5048
Website: www.cando4kids.com.au



CanDo4kids provides therapy, recreation, technology, training and support services to children and young people between the ages of birth to 25 who have a sensory impairment, including those who have a communication disorder, and their families across SA. Services support the children and young adults to become as independent as possible and to assist young people to have greater access to education and employment so that they can achieve an enhanced quality of life.

The services offered include the following:

- Occupational Therapy
- Early Intervention
- Family Support Services
- Deaf/Hearing Impaired
- Blind/Vision Impaired
- Recreation
- Assistive Technology Service
- Auditory Verbal Therapy (AVT)
- Mentor Program
- Speech Pathology
- Youth Worker

DIRECTORY OF SERVICES FOR CHILDREN IN THE LIMESTONE COAST



Government of South Australia
Country Health SA